

## **PROFESSIONAL BACKGROUND AND EXPERIENCE**

Jen Cave-Ayland BSc (Hons) OT

Since qualifying from the University of Southampton in 1997, Jen has worked as an Occupational Therapist in the NHS, privately and also for a charity. She has worked in acute and community settings in Somerset and Bristol, both as a permanent member of staff and as a locum. Her work for the Disabled Living Centre, a Bristol based charity, enabled her to work with clients of all ages and diagnoses.

Continual Personal Development (CPD) is a particular interest of Jen's. She has run workshop sessions on how to create a portfolio and established a CPD group for independent occupational therapists. Jen has been Public Relations Officer at sub-group and regional level of the British Association of Occupational Therapists. She is a calibrated AMPS assessor.

Currently, Jen works as Team Leader for the Community Occupational Therapy Service in Bristol Primary Care Trust. Her special interests include pressure care & seating, bariatrics, anxiety management and non-standard equipment. She has also taken on the role of patient manual handling advisor and is involved in finding solutions to manual handling problems and developing bariatric guidelines.

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