

## **PROFESSIONAL BACKGROUND AND EXPERIENCE**

Jo Grace (PG cert, BSc, Dip COT, Dip IT, DC Hyp, Dip Ref)

Jo grace is an Occupational Therapist registered with the Health Professions Council and graduated in 1991. Since her basic grade rotation in health she has primarily worked for Social Services with brief periods in paediatrics and neuro rehabilitation for older people. Jo has had a special interest in moving and handling throughout her career and has been training in this specialism since 2007. She has also worked in the independent sector for three years. Jo is a registered member of National Back Exchange and an active member of the local affiliated group.

Following her OT qualification Jo undertook a post-graduate certificate in Public Health and has an interest in preventative and alternative health (qualified Hypnotherapist and Reflexologist). Jo aims to promote positive health and well-being through positive moving and handling.

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