

PROFESSIONAL BACKGROUND AND EXPERIENCE

Annie Meharg MSc , MCSP

Annie graduated in physiotherapy from St Thomas' Hospital, London in 1986. After gaining 2 years of general experience, Annie took a post working with adults with learning difficulties in the community and people with mental health needs. She then specialised in neurological rehabilitation and went on to work at the Regional Neurological Rehabilitation Unit at the Homerton Hospital before moving to the Regional Rehabilitation Unit at Northwick Park Hospital where she became Clinical Specialist in neurological physiotherapy.

In 1999 Annie gained a Masters degree in Neurorehabilitation from Brunel University and went on to publish her work on the development of a scale to measure associated reactions in the hemiplegic upper limb. Annie has also published in the area of contracture management and acted as the physiotherapy representative on a working party convened to write the National Clinical Guidelines for Rehabilitation following Acquired Brain Injury published by the BSRM and RCP.

More recently, Annie was Clinical Specialist at the Royal Free Hospital and responsible for leading and managing the neurological physiotherapy team. Her role there covered acute neuromedical and neurosurgical caseloads as well as neurological outpatients. She also provided advice and support to teams managing complex non-neurological patients. Aside from her hospital based work, Annie has also been a clinical supervisor, examiner and project supervisor for the MSc in Physiotherapy at UCL.

Annie has extensive experience in designing and delivering numerous postgraduate courses, often delivered jointly with SALT or OT colleagues. She has also been an invited speaker for the Association of Chartered Physiotherapists Interested in Neurology and COTSS NP.

As an independent practitioner, Annie has become an Associate of Harrison Training to assist in the delivery of the neurological, postgraduate training programme. She has a special interest in complex neuro-disability, particularly in relation to posture and seating and the management of high tone and contracture.