

## PROFESSIONAL BACKGROUND AND EXPERIENCE

Jain Holmes MSc DipCOT



Jain Holmes is an occupational therapist registered with the Health Professions Council and graduated in 1990. She has worked in the NHS in the fields of neuromedicine, neurosurgery neurorehabilitation and learning disabilities as well as general medicine. She has worked in the United States of America in the fields of older adults, rehabilitation and vocational rehabilitation. As a senior lecturer, Jain worked at Sheffield Hallam University helping to develop and teach the MSc in Vocational Rehabilitation (VR). Jain has been working in the independent sector for 10 years developing rehabilitation programmes for a wide variety of clients.

Since returning from the USA in 1995, Jain has been actively involved with return to work rehabilitation, job analyses and job and workplace modifications as part of her role as an occupational therapist. She is experienced in negotiating with employers, solicitors, insurance companies, medical practitioners and allied health professionals. Jain has taken postgraduate training in ergonomics, MODAPTS (work study method), FCEs (functional capacity evaluations) and work hardening, and now uses these methods to enhance her interventions with clients. As part of her Masters degree, Jain learned about vocational counselling and career decision making, which she has found to be valuable when dealing with complex cases. As part of this she has a particular interest in self-efficacy and how this affects a person's return to work plans.

Jain has extensive experience with designing learning materials and teaching in neurorehabilitation, occupational therapy and vocational rehabilitation. She has been actively involved in several research projects, including one of the Department of Work and Pensions' Job Retention and Rehabilitation Pilots. She co-wrote the "OT in Vocational Rehabilitation: a brief guide to current practice in the UK" published by the College of OT, had her book "Vocational Rehabilitation" published by Blackwell Publishing in September 2007 and also been involved in writing other publications about vocational rehabilitation including the "Work Matters" booklet mailed out to 29,000 Occupational Therapists by the College of OT in January 2008. In 2010 Jain worked with the World Health Organisation along with other world experts in VR to develop the International Classification of Function (ICF) new core sets for VR and is currently expert on 3 UK research programmes related to VR.

For Harrison Training, Jain undertakes consultancy work and the development and presentation of VR training courses. Jain is an active committee member of the occupational therapy specialist interest section for vocational rehabilitation COTSS Work.

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