

## **PROFESSIONAL BACKGROUND AND EXPERIENCE**

Gwennie Oakley Dip C.O.T.

Gwennie has over 20 years experience as an Occupational Therapist within mental health services. She has specialised in older people's services working with both people with a diagnosis of dementia and those with a functional illness.

She has a strong interest in the role Occupational Therapy plays in memory assessment services and particularly the value of functional assessment in the individuals home environment.

Gwennie has extensive group work experience including anxiety management, goal setting and problem solving, structured discussion and support groups.

She now works as a manager for older people's mental health services, with a lead for day services and therapy services. She has a keen interest in team building as closely linked with service development and improvement.

Gwennie provides professional support for a range of staff which includes clinical supervision, appraisal through the knowledge and skills framework, and CPD review.

Gwennie is currently participating in the development of a local dementia strategy in Enfield.

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