

## **Dr Elizabeth Milwain MBPsS**

Dr Elizabeth Milwain is a psychologist (BA, Cambridge, 1992; MSc, University College London, 1995; D.Phil University of Oxford 2000; Member of the British Psychologist Society, 2007) with a special interest in dementia and later life. She has worked in dementia care research and education since 1996 when she began research for her D.Phil thesis; An evaluation of memory loss in Alzheimer's disease and normal ageing). From 2002 to 2008 she worked as a part-time Lecturer in Dementia Studies at the Bradford Dementia Group, University of Bradford. Since 2008 she has been working freelance. Her portfolio includes specialist brain-behaviour workshops for professionals, person-centred dementia care training for frontline workers and community organisations, awareness raising and public speaking work and writing in journals and books for practitioners.

Elizabeth is a Christian and is also interested in the spirituality of people with dementia and the encouraging of churches to be inclusive and supportive towards people with dementia. She has set up a support group for people with dementia and their carers at her own church (St Peter's Church, Shipley, West Yorkshire) which has led onto the establishment of a wider network of Memory Clubs in the Bradford area. She has been appointed to a voluntary role as Adviser on Dementia Issues to the Diocese of Bradford and has written action plans setting out how churches can help people with dementia and their carers. She represents the Diocese at the regional (Yorkshire and Humber) and local (Bradford) Dementia Action Alliances.

