

Professor Jane Melton

- Clinical Director for Social Inclusion, ²gether NHS Foundation Trust
- Honorary Professor, Queen Margaret University, Edinburgh

Professor Jane Melton was appointed to the honorary professorial role at Queen Margaret University in August 2013 and continues her career in health care as a practitioner, researcher, educator, author, manager and leader.

Her undergraduate studies were completed at the Welsh School of Occupational Therapy in Cardiff. She went on to complete an advanced MSc in Occupational Therapy at Exeter University and PhD studies in Health Sciences at City University, London. Her exceptional contribution to her profession was recently acknowledged with a Fellowship of the College of Occupational Therapists.

As the first NHS Consultant Occupational Therapist in acute mental health care in the UK, Professor Melton led the development and implementation of client centred, occupation focused care pathways. Her enduring, relationship with Queen Margaret University has led to further progress in understanding of best health care practice. Through collaboration, Professor Melton has been instrumental in the publication of many chapters in professional journals and textbooks; presented a high number of peer reviewed papers and invited speeches at international conferences and events and has secured significant funding for pioneering translational research activity. Professor Melton also undertakes an expert reviewer role for five international professional journals and has been selected to join the panel for the Research Excellence Framework in 2014.

Sharing knowledge of evidenced based, best practice is her passion. Professor Melton has been a visiting lecturer at many universities both in the UK and further afield including the University of Illinois Chicago, Shawnee State University Ohio and La Trobe University Melbourne. She has also taught on post-graduate courses for Harrisons Training and has travelled across the UK and Ireland in this role. Professor Melton has developed productive relationships with a range of leaders nationally and internationally to advance mental health research and practice. Her areas of special interest include practice development, social inclusion and delivering best service experience of healthcare.

September 2013

Recent publications

Shute. R, Harrison. K, Forsyth. K, Melton. J, Thompson. S, and Fear. C. (2012) Practice Development, Supporting implementation of health service change. British Journal of Health Care Management. Vol 18, 11 568-573

Shute R, Davies G, Clee S, Coupland T, Melton, J, Forsyth, K. (2012) Inclusive Communication: A tool for service innovation. British Journal of Health Care Management Vol 18: 1 19-26

Lee SW, Kielhofner G, Morley M., Heasman D., Garnham M., Willis S, Parkinson S., Forsyth K., Melton J., Taylor R (2012) Impact of Using the Model of Human Occupation: A survey of occupational therapy mental health practitioners' perceptions. Scandinavian Journal of Occupational Therapy; Early Online, 1-7

Lee SW, Forsyth K, Melton J, Kielhofner G and Taylor R (2011). The impact of practice development efforts on mental health rehabilitation: Implications for results based health care approaches. International Journal of Therapy and Rehabilitation

Melton J, Forsyth K and Freeth D (2011) The Individual Practice Development Theory: an individually focused practice development theory that helps target practice development resources efficiently. Journal of Evaluation in Clinical Practice.

Tew J, Ramon S., Slade M., Bird V., Melton J., Le Boutillier C (2011) Social factors and Recovery from Mental Health Difficulties: A Review of the Evidence. British Journal of Social Work, 1-18

Melton J, Forsyth K and Freeth D (2010) A Study of Practitioners' use of the Model of Human Occupation: Levels of Theory Use and Influencing Factors. British Journal of Occupational Therapy. 73(11) 549-558

Melton J. and Clee, S. (2009) Mechanisms to engage communities in fostering social inclusion: a provider perspective. The International Journal of Leadership in Public Services. 5(2) 29-37.

Melton J, Forsyth K and Freeth D.S. (2009) Using theory in practice in Duncan EAS (Ed), Skills for Practice, Elsevier, London.

Taylor R and Melton J (2009) Therapeutic Use of Self: A Model of the Intentional Relationship in Duncan EAS (Ed), Skills for Practice, Elsevier, London.

Melton J, Forsyth K, Metherall A, Robinson J, Hill J, Quick L, (2008). Program redesign based on the Model of Human Occupation: Inpatient services for people experiencing acute mental illness in the UK. Occupational Therapy in Healthcare, 22 (2/3)