

PROFESSIONAL BACKGROUND AND EXPERIENCE

Sarah Daniels BSc (Hons) OT, MSc Neuro-Rehabilitation

Sarah Daniels is a clinical specialist and lead therapist for a 10 bedded, inpatient neuro rehabilitation unit within the National Hospital for Neurology and Neurosurgery, London. She has over 15 years clinical, managerial and educational experience both in the USA and in the UK. Her main area of expertise lies in complex neurological assessment and rehabilitation. Sarah is registered with the Health Professions Council.

After graduating in occupational therapy in the UK, Sarah worked in the areas of paediatrics, neurology and general medicine before moving to the United States where she worked as an agency therapist in 4 different rehabilitation units. Here she continued to develop her interest in neurology, completing 3 weeks of training in Neuro Developmental Treatment (based on principles of the motor relearning and normal movement). On return to the UK in 1997, Sarah worked in the National Health Service as a specialist occupational therapist gaining experience in the assessment and rehabilitation of acquired brain injury and chronic progressive neurological conditions before moving to the National Hospital for Neurology and Neurosurgery where she continued to develop knowledge and experience in Neurological occupational therapy in a variety of settings including in patient and out patient neuro-rehabilitation, neuropsychiatry and general neuro-medicine.

Sarah commenced post graduate studies in 2000 and was awarded her Msc in Neuro-rehabilitation in 2003. Her research, formed the basis of the clinical guidance document; 'Fatigue Management for People with Multiple Sclerosis'. This was published in 2007, by the College of Occupational Therapists. During her career she has made presentations at national conferences and training days on various topics related to neurological occupational therapy. Sarah also holds a certificate in counselling skills (ABC award level 3).

Sarah has considerable experience and expertise in a wide range of neurological conditions. She is skilled in the assessment and management of complex neurological cases and has a special interest in the cognitive, behavioural and psychosocial dimensions of brain injury with emphasis on how these impact on function.

Sarah is a member of the British Association of Occupational Therapy (BAOT) and the College of Occupational Therapy Specialist Sections for Neurological Practice. (SSNP)

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