

PROFESSIONAL BACKGROUND AND EXPERIENCE

Kay McArthur BSc (Hons) OT

Kay McArthur is a state registered Occupational Therapist with experience in both clinical and vocational rehabilitation and case management.

After graduating in 1997 from the University of Exeter, Kay completed a rotational post covering a number of clinical specialties including hand therapy, community mental health and neurological rehabilitation before moving into a senior position working in acute general medical and specialist orthopaedic services.

In 2001, Kay commenced work in Australia where she was involved in setting up an occupational therapy service to a hospital involving close liaison with service managers and providers as well as ongoing education for both staff and clients, regarding the role of the occupational therapist. Kay worked with a range of acute medical conditions and as part of the development of the service implemented and developed the required documentation and policies.

In 2002, Kay worked as a Head Occupational Therapist in an acute care setting and was responsible for managing a team of six therapists and assistants. Here Kay was involved in the review of policies and procedures with the aim of improving response time to referrals, quality of service and effective intervention outcomes. This role involved the induction and supervision of staff at all levels and the development of an induction programme to facilitate smooth integration for new staff members.

Kay commenced work as a rehabilitation consultant in 2003 specialising in case management with clients with work related injuries. Her role as consultant/case manager involved worksite, ergonomic and functional assessments, prescription of equipment, job analysis and the development of graded return to work plans to facilitate a safe and effective return to work. As a key part of this role Kay delivered training for high profile customers, including ergonomics, manual handling, and stress management.

On returning to the UK Kay worked in the field of respiratory involved in the development and implementation of a new service as part of a trust wide strategy to develop services provided for patients with Chronic Obstructive Pulmonary Disease. Kay providing training and workshops to key members of the multidisciplinary team and as the OT lead, provided input into the local steering groups as well as presenting at local and national conferences.

Over the last five years Kay has worked as an independent occupational therapy consultant and case manager providing rehabilitation case management for clients following personal injury with a strong focus on return to work, job retention and retraining.

Kay has worked with Harrison Training for several years, and mainly delivers training courses related to vocational rehabilitation.

Kay is a member of the British Association for Occupational Therapists, College of Occupational Therapists Specialist Section Work, and Vocational Rehabilitation Association and is a committee member for the Case Management Society UK. Kay is currently undertaking a master's degree in Vocational Rehabilitation.

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