

## **PROFESSIONAL BACKGROUND AND EXPERIENCE**

Steve Wybourn Bsc (Hons) Occupational Therapy

Steve has extensive experience as an Occupational Therapist in a variety of mental health settings and has held a number of senior clinical and professional lead roles including his current post as Associate Borough Director of Therapies for a London NHS trust. Steve has considerable experience in both facilitating therapeutic groups and providing training and workshops to Occupational Therapists and other NHS staff including: suicide prevention training, HONOS, recovery and social inclusion, creative therapy and creative writing techniques. He has a particular interest in creative writing as a therapeutic intervention and has an MA in creative writing & personal development from Sussex University. He also writes fiction and is currently completing his first novel. Steve has worked in a variety of settings including; a low secure forensic unit, a mental health day hospital, a community mental health team, and a maximum-security prison.

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